

If you have chronic pain...

...you know it can affect your entire life.

A high proportion of women with children experience chronic pain conditions such as low back pain, headache, and fibromyalgia.

Parenting with chronic pain is a unique challenge that many parents in the United States face. OHSU, Stanford, and Seattle Children's Hospital are conducting a study to learn more about the impact of maternal chronic pain in the hopes of helping mothers and families in the future.

What do participants do for this study?

Mothers and children will each do the following:

- Complete 1 online survey once per year for 3 years
- Complete 7 nightly electronic mini-surveys once per year for 3 years



Help us learn more about the impact of maternal chronic pain on children by participating in a survey study.

You may be eligible if:

- You have experienced chronic pain for 6 months or longer
and
- You have a biological child between 8-12 years old

Compensation provided!

Mother and child each earn:

1. \$30 for completing Year 1 (\$60/family)
2. \$40 for completing Year 2 (\$80/family)
3. \$50 for completing Year 3 (\$100/family)



Meet Dr. Anna Wilson, Ph.D.

Principal Investigator, Associate Professor of Pediatrics at Oregon Health & Science University

Dr. Wilson first became interested in pain as a psychology intern at a children's hospital. It became clear to her that parents play a key role in whether their children experience more or less pain. This led Dr. Wilson to focus on how pain impacts parents and parenting. As a parent of two young children, she knows how even occasional bouts of pain can make parenting much more difficult – parenting is already hard! The Maternal Chronic Pain (MCP) Study seeks to more fully understand the impact of maternal chronic pain on children, and to figure out what circumstances and parenting approaches help kids do well over time.

Dr. Wilson conducts research in pediatric pain psychology with a focus on chronic pain prevention, and on the role parents have in their children's pain responses. Dr. Wilson received her Ph.D. in clinical psychology in 2006 from the University of Washington, and completed her internship and postdoctoral training at Oregon Health & Science University. Her research has been supported by the National Institutes of Health, the American Pain Society, the Oregon Clinical and Translational Research Institute, and the Medical Research Foundation of Oregon.

LEARN MORE. PARTICIPATE NOW!

www.ohsu.edu/arpp | painlab@ohsu.edu

